



AIS Weekly

Friday, December 12th, 2008
Volume 45, Issue 16

**Happy Holidays....
See you January 5th!**



Superintendent - Thomas Shearer
Secondary Principal - Sharon Schauss
Elementary Principal - Justin Smith
Director of Admissions - John Stewart

Behind 1004 Estates, Victoria Island, Lagos, Nigeria
234-1-261-7798

PTO Briefing

Wednesday, January 14th, 6.00pm – 8.30pm – Night Forum.

Topic for the forum will be **3rd Culture Kids with Barry Phipps**. This informative lecture tells how living abroad will change you and your children's perspective on living forever. From being born in a home country, Barry takes us on a journey where as citizens of the world ours and our children's outlook changes both positively and negatively. Come and find out more. **Norm Gaudet** and **Mr. Smith** will also speak about the **Elementary Science Program – FOSS and the 'Walking to Learn' program in the elementary**. Door prizes of lunches and dinners at local restaurants will be given out. Meal and drinks provided on the night.

The **PTO Board meets** the last Friday of every month at 1.00pm unless it is a holiday then we meet the Friday before. These meetings are open to the general public or you can submit questions to the PTO box in the office and we will get back with answers for you.

Forum's for the rest of the year are

- 3 February – Lunch
- 3 March – Dinner
- 21 April – Lunch and PTO Elections
- 12 May – Handover Lunch

Bingo – is still in need of a coordinator – Will be held on the **28th of March from 5-7pm**.

May will be the giant size – by invitation only **Volunteer Appreciation Party**. All those parents who have volunteered time and effort at the school during the year will be feted in a huge party hosted by Tom, the school board and the PTO. **28th of May 7 – 10.30pm**

Teacher Appreciation has two more functions this school year a luncheon on the 13th of February for the teachers. Donations of food or help to Dele Maybrey via the PTO Box and PTO Teacher Appreciation Dinner on the 22 May again donations or offers of help to Dele.

We wish everyone a safe holiday, peace and joy.

Anne Mathers
PTO President



A big THANK YOU to our Elementary School Principal Mr Smith, my amazing colleagues Mrs De Villiers, Mrs Wallace, Mrs Ghandour, Mrs Smith, Mrs Rubel, Mrs Purdy, Mrs Davis, Mrs Keys, Ms Diamond, Ms Dibbern, Mrs Nwakwesi and Mrs Westbrook and to everybody who helped in the making and staging of the lower elementary school show 'Carnival of the Animals'!

Our children are privileged to have such teachers and I am delighted to be part of the AISL team!

I wish you all a safe and pleasant break!

Maria Zarkada

Elementary School Music Teacher

From the Nurses' Desk...

Things You Need to Know About Immunizations

1. Why your child should be immunized

Children need immunizations (shots) to protect them from dangerous childhood diseases. These diseases can have serious complications and even kill children.

Diseases that childhood vaccines prevent

- [Diphtheria](#)
- [Haemophilus influenzae type b](#)
(Hib disease - a major cause of bacterial meningitis)
- [Hepatitis A](#)
- [Hepatitis B](#)
- [Human Papillomavirus](#) (HPV)
- [Measles](#)
- [Meningococcal](#)
- [Mumps](#)
- [Pertussis](#) (Whooping Cough)
- [Pneumococcal](#)
(causes bacterial meningitis and blood infections)
- [Polio](#)
- [Rotavirus](#)
- [Rubella](#) (German Measles)
- [Tetanus](#) (Lockjaw)
- [Varicella](#) (Chickenpox)

3. Number of doses your child needs

The following vaccinations are recommended by age two and can be given over five visits to a doctor or clinic:

- 4 doses of diphtheria, tetanus & pertussis vaccine (DTaP)
- 3-4 doses of Hib vaccine (depending on the brand used)
- 4 doses of pneumococcal vaccine
- 3 doses of polio vaccine
- 2 doses of hepatitis A vaccine
- 3 doses of hepatitis B vaccine
- 1 dose of measles, mumps & rubella vaccine (MMR)
- 3 doses of rotavirus vaccine
- 1 dose of varicella vaccine
- 2-3 doses of influenza vaccine (6 months and older) (number of doses depends on child's birthday)

4. Like any medicine, there may be minor side effects

Side effects can occur with any medicine, including vaccines. Depending on the vaccine, these can include: slight fever, rash, or soreness at the site of injection. Slight discomfort is normal and should not be a cause for alarm. Your health care provider can give you additional information.

5. It's extremely rare, but vaccines can cause serious reactions -- weigh the risks!

Serious reactions to vaccines are extremely rare. The risks of serious disease from not vaccinating are far greater than the risks of serious reaction to a vaccination.

6. What to do if your child has a serious reaction.

If you think your child is experiencing a persistent or severe reaction, call your doctor or get the child to a doctor right away. Write down what happened and the date and time it happened.

7. Why you should not wait to vaccinate

Children under 5 are especially susceptible to disease because their immune systems have not built up the necessary defenses to fight infection. By immunizing on time (by age 2), you can protect your child from disease and also protect others at school or daycare.

8. Be sure to track your shots via a health record

A vaccination health record helps you and your healthcare provider keep your child's vaccinations on schedule. If you move or change providers, having an accurate record might prevent your child from repeating vaccinations he or she has already had. A shot record should be started when your child receives his/her first vaccination and updated with each vaccination visit.

As you go on your holiday, we hope you will take time out to update your Immunization record for the next school term.

HAVE A GREAT HOLIDAY.....