



Elementary After School Activities: K - Grade 5, Session I

Start Date: Monday, August 31, 2009
End Date: Friday, November 7th, 2009

**Registration begins Monday, August 24th &
continues through Friday, August 28th.**

*****All sign ups are processed through Elizabeth in the business office!! Class availability is based upon both student preferences and class demand. Make sure that forms and payments are made no later than Friday, August 28th. On the registration form, list the activities in order of the preference of activity that your student wishes to participate in. (We will try to get students into all of their activity choices. All on-time registrants' preferences will be honored in our decisions).**

The class lists will be posted on the first day of classes - Monday, August 31st. Late registrations will be honored only according to remaining class availability. Student selection into activities will be based on a formula matching class demand and preferences. NO PRE-K allowed in classes.

****Courses start on Monday, August 31st and all FEES must be PAID IN FULL by this time!**

All elementary after school fee activities are paid for up front. If your student doesn't make it into the class, you will be refunded in full. Make sure to designate alternative activity choices in case of classes being full. All payments are made in Naira with Elizabeth in the business office. Parents, please provide both your name and email, so that a contact list can be compiled to notify in case of cancelled classes.

The AISL After School Activity, (ASA), program is an opportunity for our students to experience and explore a variety of offerings from our staff, parents, and local professionals. *The coaches / instructors are responsible for the content of the course. It is the parent's responsibility to ask questions of the after school activity instructors about what the activity will look like and what is being taught.* The following pages provide information about our ASA programs. Please read through the entire booklet before organizing your family's session of fun.

The safety of AISL students is the first priority. Please provide appropriate supervision for students:

- ✓ **K-5 students remaining at AISL after 2:10 PM must be in a scheduled After School Activity or supervised by an *ADULT*.**
- ✓ **Students at AISL after 2:55 PM without scheduled ASA or adult supervision may have other privileges revoked.**
- ✓ **AISL Administration has determined that for safety reasons, NO PRE-K students will be allowed participation in the elementary after school activities program.**
- ✓ **ALL FEES must be paid before a student can begin any activity!!**

❖ ***Saturday Sports are not considered an After School Activity!***

AFTER SCHOOL ACTIVITIES OVERVIEW

Section # 1: NON-FEE ACTIVITIES:

NON-FEE ACTIVITIES are free of charge and are usually offered by our teachers! Some classes are offered on a first come, first serve basis. Please pay careful attention to the class size limitations.

Section # 2: FEE ACTIVITIES

FEE ACTIVITIES emphasize fundamental skill building. The instructors for these activities are locally hired and have varied levels of training. Some teachers and instructional assistants also

provide activities in this category. Fees paid in advance to the AISL Business Office pay for instructors' salaries and equipment maintenance.

FEE ACTIVITIES are offered Monday through Friday from 2:20 – 3:20. (K-5)

The following FEE SCHEDULE will help you determine your NAIRA payment for FEE ACTIVITIES, (GROUP), only.

FEE SCHEDULE:

NUMBER of WEEKS: 10

Kindergarten – 5th Grade

Time: 2:20 – 3:20

1 day per week	N	5,000	(10 lessons)
2 days per week	N	10,000	(20 lessons)
3 days per week	N	15,000	(30 lessons)
4 days per week	N	20,000	(40 lessons)

How Do My Kids Sign Up?

The **Fee Activity Payment Form, (attached)**, should be completed and returned to the AISL Business Office with correct payment for **FEE ACTIVITIES**. The AISL Business Office will provide a payment receipt. **PRINT LEGIBLY** when completing the form and be sure to provide numbered alternative choices. *Payment is due by Friday, August 28, 2009.*

Do I Give Money To Instructors?

Payments for fee activities are to be made to Elizabeth in the business office. Some tournaments, special competitions or events taking place at AISL may be free to AISL students. The only activities requiring fees to be paid directly to the coaches or instructors are for private lessons. These are outlined in Section 3.

Section # 3: PRIVATE LESSONS

Private lessons are considered to be an individual activity where there is a one-to-one instructor / student ratio. (The exception to this is Gymnastics where students use stations and there is a five-to-one ratio.) Fees will be paid in Naira to each coach at the end of the lesson. Rates are based on an hourly fee of N 1,500.

Section # 4: SPECIAL FEE CLASS

This term we are happy to introduce a new class from the Helen O'Grady Drama Academy. This is a special fee class that costs N 10,000 per term and is described in more detail on page 10 of the packet. Sign ups are to be made on the page 10 registration sheet and payments made to Elizabeth in the business office.

Section # 1: NON-FEE ACTIVITIES

MUSIC After School Activities

The following activities are free and parents may **register on a sign up sheet with Ms. Zakarda or Mr. Vaughn** in the Elementary Music room beginning Monday, February 16:

Monday and Thursday - Recorder, Grades 3 and 4 Ms. Zakarda, Music Room

- ★ Students will learn the various skills associated with playing the recorder - one of the most popular music instrument of all time! They will learn about both the soprano and alto recorders!

Maximum 10

Thursday - Choir, Grades 3-5 Mr. Vaughn, Band Room

- ★ Students will learn the basic skills associated with singing in a group. They will also learn more about how to read music and perform.

More Non-Fee Activities

Swim Team - Mrs. Idowu & Associates – AISL Pool

- ✓ Monday & Wednesday
- ✓ Admission by director's discretion
- ★ Grades K-5 – 2:20-3:20

Pickleball - Mr. George, Gym

- ✓ Tuesday & Thursday
- ★ Grades 3-5, 2:20-3:20
- ★ Limit 10 Students

ELL Study Group - Mrs. Ntan – Room 106

- ✓ Monday & Wednesday
- ★ Grades 1-5 – 2:20-3:20
- ★ Limit 10 Students

Yoga for Children – Mrs. Seshadri - Pool Conference Room

- ✓ Tuesday & Thursday
- ★ Grades 3-4 – 2:20-3:20
- ★ Limit 15 Students

***This class will introduce basic breathing and laughter yoga. Students are advised that a light snack only is preferred after lunch. Students need to provide something like a mat to stretch and perform yoga on.

World Cuisine - Mrs. Ayoh & Mrs. Aluwalia- Room 203 and 225

✓ Monday & Wednesday - Room 203, Tuesday & Thursday - Room 225

★ Grades 3-5 – 2:20 – 3:20

★ Limit 12 Students

***This course has an ingredients fee of N2,500 to be paid directly to the instructors.

Painting - Mrs. Lawson & Mr. Akeche - Room 307

✓ Monday, Tuesday & Thursday

★ Grades 2-5 – 2:20 – 3:20

★ Limit 15 Students

Board Games - Ms. Zook, Room 204

✓ Tuesday & Thursday

★ Grades 2-4 – 2:20 – 3:20

★ Limit 10 Students

Fun with Science - Mrs. Adenihun, Room 203

✓ Tuesday (Grades K-2) & Thursday Grades (3-5)

★ Grades K-5 – 2:20 – 3:20

★ Limit 10 Students

Homework Club 3-5, - Ms. Turcotte & Ms. Ashiru, Room 200

✓ Tuesday & Thursday

★ Grades 3-5 – 2:20 – 3:20

★ Limit 10 Students

Crafts - Ms. Davis & Ms. Keys, Room 103

✓ Thursday

★ Grades K-2 – 2:20 – 3:20

★ Limit 12 Students

Spanish Club - Mrs. de la Sobera, Room 206

✓ Tuesday

★ Grades K-2 – 2:20 – 3:20

★ Limit 10 Students

K-2 Homework Club - Mrs. Nwakwesi, Room 218

✓ Monday & Thursday

★ Grades K-2 – 2:20 – 3:20

★ Limit 10 Students

FEE ACTIVITY CHART

ACTIVITY	DAYS	INSTRUCTOR	FACILITY
Karate	Monday & Wednesday	Mr. Alfred Ohimain & Associates	Aerobics Room
Taekwondo	Tuesday & Thursday	Mr. Nicholas Dutse & Associates	Aerobics Room
Soccer	Monday, Wed. & Friday	Mr. Columbus Inyang	AISL Athletic Field
Chess	Monday, Wed. & Friday	Mr. Shoyeolu	Room 208
Golf	Monday - Friday, (Daily)	Mr. Nuhu Liman	AISL Field - Far end
Gymnastics	Monday, Wednesday, Friday,	Mr. Ben Alonge & Associates	AISL Gym
Swimming	Tuesday & Thursday	Mr. Francis & Mr. Harrison	AISL Pool
Tennis	Monday, Wednesday & Friday	Mr. Ken Arungwa Mr. Douglas Kolawole	AISL Tennis Courts
Acoustic Guitar	Monday & Wednesday	Mr. Carr	PreK Rooms
Sax / Clarinet	Monday & Wednesday	Mr. Kingsley	Band Practice Room
Bass Guitar	Tuesday & Thursday	Mr. Kingsley	Band Practice Room
Beading & Soft Toy Making	Tuesday & Thursday	Mrs. Ikade	Art Room
Craft Design	Wednesday	Mr. Funsho	Room 306

Section # 2: FEE ACTIVITIES

Karate – Instructors: Mr. Alfred Ohimain & Associates – Aerobics Room

- ✓ For all levels of experience, learn and improve upon the fundamentals of Karate.
- ✓ Work toward belt classifications.
- ✓ Monday & Wednesday
 - ★ **K-5 students, 2:20 – 3:20 PM**
 - ★ **Limit 20 Students**

Taekwondo – Instructors: Mr. Nicholas Dutse & Associates – Tuesday - Stage, Thursday - Aerobics Room

- ✓ For all levels of experience, learn and improve upon the fundamentals of Taekwondo.
- ✓ Work toward belt classifications.
- ✓ Tuesday & Thursday
 - ★ **K-5 students, 2:20 – 3:20 PM**
 - ★ **Limit 20 Students**

Soccer – Instructor: Columbus Inyang – AISL Athletic Field

- ✓ Monday - Grades K-2, Wednesday - Grades K-5, & Friday - Grades 3-5.
- ✓ Students have fun learning fundamentals and playing soccer.
 - ★ **K-5 students**, 2:20 – 3:20 PM
 - ★ **Limit 20 Students**

Golf Lessons – Instructor: Mr. Nuhu Liman – AISL Athletic Field

- ✓ Students must provide golf clubs and one dozen (12) wiffle practice golf balls.
- ✓ Monday, Tuesday, Wednesday, Thursday and Friday, (daily)
 - ★ **K-5 Students**, 2:20-3:20
- ✓ **Limit 7 students per day for safety and quality of instruction.**

Beginning and Intermediate Gymnastics – Instructors: Mr. Alonge & Associates - AISL Gym

- ✓ Monday, Wednesday & Friday, **K-5 students**, 2:20-3:20
- ✓ For **beginners and intermediate students**. Students develop both skills and confidence while learning about the essential gymnastic equipment.
- ✓ **Limit 10 beginning and 10 intermediate students** for safety and quality of instruction.

Advanced Gymnastics – Instructor: Mr. Alonge – AISL Gym

- ✓ Monday, Wednesday & Friday, **K-5 students**, 2:20-3:20
- ✓ For **advanced and experienced students**. Demonstrate, teach and improve upon the competitive skills of gymnastics while building confidence for competitive gymnastics. (**Limit 8 students**)

Swimming Lessons – Instructors: Mr. Francis, Mr. Harrison & Associates– AISL Pool

- ✓ Tuesday and Thursday – **K-5 students**, 2:20 – 3:20, (Primarily for beginners).
- ✓ Students will be divided into groups during the first week.
 - ★ **Limit 35 Students** per session.

Group Tennis Lessons– Instructors: Mr. Ken Arungwa & Associates – AISL Tennis Courts

- ✓ Students must provide tennis rackets and one can of tennis balls.
- ✓ Monday, Wednesday & Friday, **K-5 students**, 2:20-3:20
- ✓ **Limit 15 Students** per session for safety and quality of instruction.

Non-Sports Fee Activities

Craft Design – Instructor: Mr. Funsho – Room???

In this class students have the opportunity to design and produce artistic items such as small signs, handmade cards, calendars and decorated photos.

- ✓ Wednesday, 2:30–3:30 PM
- ★ **Limit 20 Students**
- ★ **Grades 2-5**

Beading & Soft Toy Making – Instructor: Mrs. Ikade – Art Room, 307

Students will learn how to make different jewelry items with beads such as ear rings, necklaces and bracelets. Students will also learn how to make their own toys like animals.

- ✓ Tuesday & Thursday, 2:30–3:30 PM
- ★ **Limit 15 Students**
- ★ **Grades 2-5**

Chess – Instructor: Mr. Shoyeolu – Room???

- ✓ Monday, Wednesday & Friday, 2:30-3:30
- ✓ **All levels, Limit of 16 students**

Acoustic Guitar – Instructor: Mr. Carr – Pre-K Classrooms

Students will learn about guitar basics.

- ✓ Monday & Wednesday, 2:30–3:30 PM
- ★ **Limit 5 Students**
- ★ **Grades 2-5**

Bass Guitar – Instructor: Mr. Kingsley – Band Practice Room

Students will learn about guitar basics.

- ✓ Tuesday & Thursday, 2:30–3:30 PM
- ★ **Limit 3 Students**
- ★ **Grades 4-5**

Saxophone / Clarinet – Instructor: Mr. Kingsley – Band Practice Room

Students will learn instrumental basics.

- ✓ Monday & Wednesday, 2:30–3:30 PM
- ★ **Limit 5 Students**
- ★ **Grades 2-5**

Section # 3: PRIVATE LESSONS

ACTIVITY	TYPE	DAYS	INSTRUCTOR	FACILITY
Tennis	Private	Monday – Saturday	Mr. Arungwa	AISL Tennis Courts
Taekwondo	Private	Tuesday & Thursday	Mr. Dutse & Associates	Aerobics Room
Gymnastics	Private	Monday, Wednesday, Friday & Saturday	Mr. Alonge & Associates	AISL Gym

Fees for private lessons are to be paid directly to the coach for services rendered on the day of the activity!!!

Private Tennis Lesson – Instructors: Mr. Arungwa & Associates - AISL Courts

Private tennis lessons for AISL students are offered Monday - Friday at the AISL Tennis Courts. The following conditions apply for AISL students' private lessons:

- ✓ Students must provide tennis racket and one can of tennis balls.
- ✓ Monday, Wednesday, Friday, first private lesson begins at 4:30 PM; last lesson ends at 5:30 PM
- ✓ Saturday 8:00 - 11:00 AM
- ✓ Instructor fee: 30 minutes lesson, N 750; 60 minute lesson, N 1,500. (Paid after each lesson.)
- ✓ One hour of private lesson per week per student due to limited time and court availability.
- ✓ *Cancellations, except for rain, require 24-hour notice to the instructor.*

Private Taekwondo Lessons – Instructors: Mr. Dutse & Associates – Aerobics Room

- ✓ Friday 3:30 – 5:30 PM
- ✓ Saturday 9:00 AM – 3:00 PM
- ✓ Instructor fee: 60 minutes lesson, N 1,500
- ✓ *Cancellations require 24 hour notice to the instructor.*

Private Gymnastic Lessons – Instructor: Mr. Alonge & Associates– AISL Gym

- ✓ Monday, Wednesday, Friday - 4:30 - 5:30
- ✓ Saturday, 9:00 – 11:00 AM
- ✓ For **advanced and experienced students**, lessons demonstrate, teach and improve upon the competitive skills of gymnastics while building confidence for competitive gymnastics.
- ✓ Instructor fee N 1,500 per-hour
- ✓ *Cancellations require 24 hour notice to the instructor.*

SPECIAL FEE ACTIVITY REGISTRATION FORM

AISL is pleased to welcome a new after school activities program. Entitled “Development Through Drama and the Performing Arts”, this course will be offered twice weekly in the aerobics room. Please notice that the two sessions are split by age and not by grade level.

The courses are as follows:

Session 1 - Ages 5-8, Tuesday - Aerobics Room. 2:20 - 3:20

Session 2 - Ages 9-12, Friday - Aerobics Room. 2:20 - 3:20

Please note there is a maximum of 25 students per day. A special course fee of N 10,000 applies. SIGN UP ON THIS PAGE and pay in the business office.



DEVELOPMENT THROUGH DRAMA & THE PERFORMING ARTS!

Affordable and dynamic, for the past 30 years, our international acclaimed self-development, performing arts programme has been helping over 70,000 students weekly to act confidently and to speak clearly, teaching students:

* **Confidence** * **Communication Skills** * **Self-Esteem** * **Presentation Skills** *
* **Public Speaking Skills** * **Performance Skills** *

Classes are specially programmed to suit age-group criteria, and no lesson is ever repeated!
Classes are presented by specialist teacher: **Marianne Terblanche (Principal)**

Helen O'Grady Drama Academy

Student's Name: _____

Parent Name and EMail: _____

Homeroom Teacher: _____

Day: Tuesday or Friday

Amount Enclosed: N 10,000

AISL COMMUNITY RECREATION SCHEDULE

AISL facilities for use of community recreation are offered at limited times. Please remember the following points when planning use of AISL facilities for community recreation:

- ✓ All school related student activities are first priority.
- ✓ Association members must be present to take responsibility of AISL facilities.
- ✓ Venue/Calendar requests, Regulation 9 (Application for use of school facilities) and liability waivers must be completed and submitted prior to Basketball, Soccer and Softball activities.
- ✓ Liability waivers must be completed and submitted to the Athletic Director prior to Tennis and Family Swim.
- ✓ Walk/Jog/Run at AISL Field is at your own risk.

**** AISL Compound is closed on Sundays and Holidays****

ACTIVITY	FACILITY	DAYS	TIMES	TERMS
Walk/Jog/Run	Field	Monday-Saturday	Before 7:25 AM; After 5:00 PM	At your own risk
Tennis	Courts	Monday-Saturday	Contact Athletic Director	Venue/Calendar Request, Regulation 9 Form, & Liability Waivers Required
Basketball	Gym	Tuesday Thursday	6:30-8:00 PM	Venue/Calendar Request, Regulation 9 Form, & Liability Waivers Required
Soccer	Field	Saturdays	After 6:00 PM	Venue/Calendar Request, Regulation 9 Form, & Liability Waivers Required
Swimming	Pool	Saturday	10:00 AM–3:00 PM	Follow Saturday Sports Schedule

CONTACT THE ATHLETIC DIRECTOR TO RECEIVE ALL NECESSARY FORMS AND WAIVERS PRIOR TO YOUR RECREATIONAL ACTIVITY.

Fee Activity Payment Form

The following form is to be filled out for students wishing to participate in our After School “Fee” based programs. The **Fee-Based** program runs for a length of ten full school weeks. *Use this form for FEE ACTIVITIES. PAYMENT IS DUE BY Friday, August 28, 2009.*

Please fill out the forms for each paid activity. Be sure to rank order your class preferences in case your first choice class is full. (You may also choose to cancel their registration if they can’t get into their number one choice). Please make all payments for FEE ACTIVITIES to the AISL Business Office.

This form is NOT to be used for PRIVATE lessons.



REGISTRATION FOR FEE ACTIVITY

Student’s Name: _____ **Parent Name and EMail:** _____

Homerom Teacher: _____

Activity Chosen: (circle) *****(Rank order 1 - 5 next to your class selections in case the activity is full).

- | | | | | |
|---------------------------|----------|-------------|-----------------|----------------|
| Taekwondo | Soccer | Chess | Golf | Sax / Clarinet |
| Gymnastics | Swimming | Tennis | Acoustic Guitar | Craft Design |
| Beading & Soft Toy Making | Karate | Bass Guitar | | |

Days (circle): Monday Tuesday Wednesday Thursday Friday

Amount Enclosed, (Naira): _____ *******N5,000 per day chosen**

REGISTRATION FOR FEE ACTIVITY

Student's Name: _____

Parent Name and EMail:

Homeroom Teacher: _____

Activity Chosen: (circle) *****(Rank order 1 - 5 next to your class selections in case the activity is full).

- Taekwondo Soccer Chess Golf Sax / Clarinet
- Gymnastics Swimming Tennis Acoustic Guitar Craft Design
- Beading & Soft Toy Making Karate Bass Guitar

Days (circle): Monday Tuesday Wednesday Thursday Friday

Amount Enclosed, (Naira): _____ *****N5,000 per day chosen

REGISTRATION FOR FEE ACTIVITY

Student's Name: _____

Parent Name and EMail:

Homeroom Teacher: _____

Activity Chosen: (circle) *****(Rank order 1 - 5 next to your class selections in case the activity is full).

- Taekwondo Soccer Chess Golf Sax / Clarinet
- Gymnastics Swimming Tennis Acoustic Guitar Craft Design
- Beading & Soft Toy Making Karate Bass Guitar

Days (circle): Monday Tuesday Wednesday Thursday Friday

Amount Enclosed, (Naira): _____ *****N5,000 per day chosen

***** FREE ACTIVITY REGISTRATION FORM*****

Student's Name: _____

Parent Name and EMail: _____

Homeroom Teacher: _____

Activity Chosen: (circle) ***** (Rank order 1 - 5 next to your class selections in case the activity is full).

Fun with Science

ELL Study Group

Fun with French

Painting

Pickleball

Board Games

World Cuisine

Yoga for Children

K-2 Homework Club

Crafts

Spanish Club

Homework Club 3-5

Days (circle): Monday Tuesday Wednesday Thursday Friday

***** FREE ACTIVITY REGISTRATION FORM*****

Student's Name: _____

Parent Name and Email: _____

Homeroom Teacher: _____

Activity Chosen: (circle) ***** (Rank order 1 - 5 next to your class selections in case the activity is full).

Fun with Science

ELL Study Group

Fun with French

Painting

Pickleball

Board Games

World Cuisine

Yoga for Children

K-2 Homework Club

Crafts

Spanish Club

Homework Club 3-5

Days (circle): Monday Tuesday Wednesday Thursday Friday

MY STUDENT'S AFTER SCHOOL ACTIVITIES SCHEDULE

This chart may help you organize your student's After School Activities schedule. There are a few important points to consider when selecting After School Activities with your students.

You may find the following points helpful to **avoid scheduling conflicts** for your student:

- ✓ Are there any time conflicts between activities?
- ✓ Did you remember Boy Scouts, Brownies, and/or Saturday Sports practice/game times?
- ✓ Does your student have enough time when After School Activities are over to complete homework?

Student Name	Day	Time	Activity	Instructor	Facility
	Monday				
	Tuesday				
	Wednesday				
	Thursday				
	Friday				
	Saturday				

- ✓ Have you arranged **ADULT supervision** for your student before and after their After School Activity?
- ✓ Did you remember AISL Swim Team on Monday and Wednesday from 2:20 – 3:20 PM?